

CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE

The Spine Injured Athlete: FROM INJURY TO RETURN TO PLAY



Keynote Speakers:

Robert Watkins III, MD
Robert Watkins IV, MD
David Chang, MD
Michael Schlink, MA, PT, OCS
Dr. Shounuck I. Patel, DO
Randy Bauer, PT, ACT
Rene Ringnalda

DOUBLETREE by Hilton
6161 Centinela Ave.
Culver City, CA 90230

CE Credits: 6.0 Contact Hours

Marina Spine Center 
Marina Del Rey Hospital

The Program

THIS CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE, SPONSORED BY THE MARINA SPINE CENTER AT MARINA DEL REY HOSPITAL, IS DESIGNED TO UPDATE PRACTICING ATHLETIC TRAINERS AND PHYSICAL THERAPISTS ON SOME OF THE MOST RECENT CLINICAL TECHNIQUES AND THERAPEUTIC MODALITIES FOR SPINAL INJURY AND DISEASE. THE PRESENTATIONS WILL ENHANCE TREATMENT METHODS FOR PREVENTION OF INJURY AND POST-INJURY CONDITIONS, ALONG WITH ADDRESSING OVERALL TRUNK STABILIZATION AND CORE STRENGTHENING FOR MUSCLE IMBALANCE PATTERNS. ALSO COVERED WILL BE PROCEDURAL ASPECTS AND POST-OPERATIVE REHABILITATION FOR THE ATHLETE WITH MINIMALLY INVASIVE SPINE SURGERY.

SPEAKERS

Speakers:

Robert Watkins III, MD
Co-Director, Marina Spine Center
Consultant: U.S.C. Athletic Department, L.A. Kings

Robert Watkins IV, MD
Co-Director, Marina Spine Center
Vice Chief of Staff, Cedars-Sinai Marina Del Rey Hospital
Spinal Consultant: L.A. Rams, Dodgers, Clippers

David Chang, MD
Chairman, Surgery Committee,
Cedars Sinai, Marina Del Rey Hospital

Michael Schlink, MA, PT, OCS
Schlink & Associates Physical Therapy

Dr. Shounuck I. Patel, DO
Physical Medicine and Rehabilitation
Health Link Medical Center - Beverly Hills

Randy Bauer, PT, ATC
Owner
Bauer Physical Therapy, Laguna Hills, CA

Rene Ringnalda
Vedic Educator
The Chopra Center

8:00 a.m.	Registration, Continental Breakfast and Exhibits	11:35 a.m.	Meditation Rene Ringalda Vedic Educator The Chopra Center
8:30 a.m.	Welcome and Introductions Robert Watkins IV, MD Co-Director, Marina Spine Center Spinal Consultant: L.A. Rams, Dodgers and Clippers	12:10 p.m.	Q & A
8:40 a.m.	Radiculitis: Diagnosis and Treatment Michael Schlink, MA, PT, OCS Schlink & Associates Physical Therapy	12:20 p.m.	Lunch/Exhibits
9:10 a.m.	Q & A	1:20 p.m.	Spine Stabilization Program Randy Bauer, PT, ATC Bauer Physical Therapy, Laguna Hills, CA
9:25 a.m.	Cervical Spine Disorders David Chang, MD Chairman, Surgery Committee Cedars-Sinai Marina Del Rey Hospital	1:50 p.m.	Q & A
9:55 a.m.	Q & A	2:05 p.m.	Lumbar Spine Disorders Robert Watkins III, MD Co-Director, Marina Spine Center Spinal Consultant: U.S.C Athletic Department, L.A. Kings
10:10 a.m.	Break/Exhibits	2:40 p.m.	Q & A
10:40 a.m.	Biologic Injections for Spine Dr. Shounuck I. Patel, DO Physical Medicine and Rehabilitation Health Link Medical Center - Beverly Hills	2:55 p.m.	Social Media Expertise Robert Watkins IV, MD Co-Director, Marina Spine Center Spinal Consultant: L.A. Rams, Dodgers and Clippers
11:20 a.m.	Q & A	3:30 p.m.	Q & A
		4:00 p.m.	Closing Remarks/Adjourn Robert Watkins IV, MD

Marina Spine Center presents

CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE

The Spine Injured Athlete: FROM INJURY TO RETURN TO PLAY

Saturday, June 1, 2019
8:00 a.m. – 4:00 p.m.

DOUBLETREE by Hilton
6161 West Centinela Ave.
Culver City, CA 90230
310.649.1776

Parking:
Hosted **SELF**-parking across
from hotel (Parking will be
validated at registration)



 Continuing Education Credit:
Approved by the CPTA for 6.0 CE contact hours. Eligible for Category D: Non-BOC
Approved Programs credit. CE certificates will be sent via e-mail by August 31, 2019.

Thank you to our sponsors:



Register

Register online at:
<https://bit.ly/2HNGft>

For more information visit:
<https://www.marinahospital.com/events/at-pt-conference>

You will receive an email confirming your registration once your payment has been processed.

EARLY BIRD REGISTRATION: \$75
Deadline: May 15, 2019

GENERAL REGISTRATION: \$125
May 16 – May 31, 2019

Registration prior to the conference is required as space is limited.

The registration fee includes CE credits, self-parking, breakfast and lunch.

Registration is non-refundable.

For conference or registration questions, please contact Agnes Huff at ahuff@ahuffgroup.com or 310.641.2525.