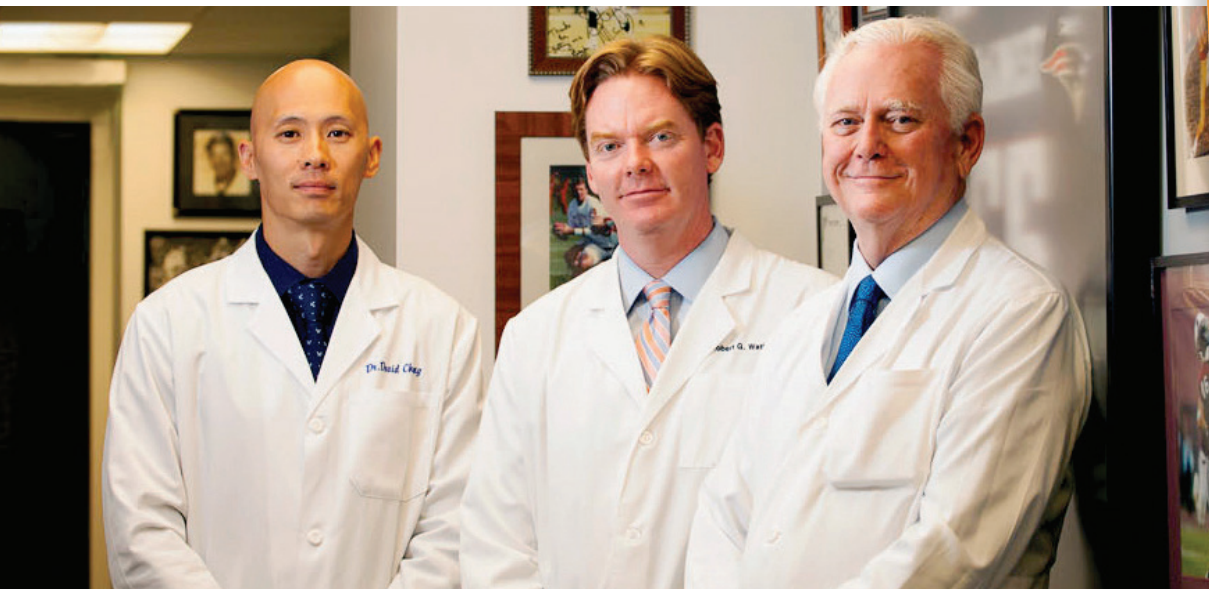


At the conclusion of this program, attendees should be able to:

- Recognize emergent and significant injuries on the field, post-competition and delayed onset.
- Assist in the management of the spine-injured athlete on the field and post-competition.
- Implement overall trunk stabilization and core strengthening in terms of muscle imbalance patterns directed at rehabilitation for elite and recreational athletes.
- Understand and implement post-operative rehabilitation for athletes after minimally invasive surgery.
- Describe and understand the roles and coordination of the athletic trainers, physical therapists, and strength conditioning coaches as they relate to spine-injured athletes.
- Recognize and screen for injuries of the cervical and lumbar spine.
- Understand the pitfalls in recognition and diagnosis of athletic spine injuries.
- Understand how to transport injured athletes from the field of play.
- Demonstrate in-depth understanding of rehabilitation of the spine-injured athlete.
- Establish a sports specific rehabilitation program for spine-injured athletes directed at return to play.



Marina Spine Center presents

CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE

The Spine Injured Athlete:

# From Injury to Return to PLAY

Don't miss this informative seminar featuring recent clinical and therapeutic modalities for the treatment of athletic injuries as they relate to the spine.



Marina Del Rey Hospital

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Saturday, June 24, 2017

CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE

# The Spine Injured Athlete: FROM INJURY TO RETURN TO PLAY



#### Keynote Speakers:

Robert Watkins III, MD  
Robert Watkins IV, MD  
Moshe Ben-Roohi, MD  
David Chang, MD  
Sue Falsone, PT, ATC  
David Schechter, MD

DOUBLETREE by Hilton  
6161 Centinela Ave.  
Culver City, CA 90230

CE Credits: 6.0 Contact Hours

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# The Program

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THIS CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE, SPONSORED BY THE MARINA SPINE CENTER AT MARINA DEL REY HOSPITAL, IS DESIGNED TO UPDATE PRACTICING ATHLETIC TRAINERS AND PHYSICAL THERAPISTS ON SOME OF THE MOST RECENT CLINICAL TECHNIQUES AND THERAPEUTIC MODALITIES FOR SPINAL INJURY AND DISEASE. THE PRESENTATIONS WILL ENHANCE TREATMENT METHODS FOR PREVENTION OF INJURY AND POST-INJURY CONDITIONS, ALONG WITH ADDRESSING OVERALL TRUNK STABILIZATION AND CORE STRENGTHENING FOR MUSCLE IMBALANCE PATTERNS. ALSO COVERED WILL BE PROCEDURAL ASPECTS AND POST-OPERATIVE REHABILITATION FOR THE ATHLETE WITH MINIMALLY INVASIVE SPINE SURGERY.

## SPEAKERS

Speakers:  
Robert Watkins III, MD  
Co-Director, Marina Spine Center  
Consultant: Dodgers, Rams, Kings, U.S.C.

Robert Watkins IV, MD  
Co-Director, Marina Spine Center  
Consultant: Dodgers, Rams, Clippers, Kings

Moshe Ben-Roohi, MD  
Director of Regenerative Orthopedics  
Lifespan Medicine

David Chang, MD  
Director of Surgical Resources and Technology  
Marina del Rey Hospital

Sue Falsone, PT, ATC  
Owner, Structure & Function  
Associate Professor, A.T. Still University

David Schechter, MD  
Chronic Pain Specialist  
Attending Staff, Cedars-Sinai  
Author, Think Away Your Pain  
Private Practice, Culver City, CA

# Schedule

The Spine Injured Athlete: FROM INJURY TO RETURN TO PLAY

8:00 a.m.	<b>Registration, Continental Breakfast and Exhibits</b>	11:15 a.m.	<b>Spine in Sports</b> Robert Watkins III, MD Co-Director, Marina Spine Center Consultant: Dodgers, Rams, Kings, U.S.C.
8:30 a.m.	<b>Welcome and Introductions</b> Robert Watkins IV, MD Co-Director, Marina Spine Center Consultant: Dodgers, Rams, Clippers, Kings	11:45 a.m.	Q & A
8:40 a.m.	<b>Treating Myofascial Pain - body and Mind Methods</b> David Schechter, M.D. Chronic Pain Specialist Attending Staff, Cedars-Sinai Author, Think Away Your Pain Private Practice, Culver City, CA	12:00 p.m.	<b>Lunch / Exhibits</b>
9:00 a.m.	Q & A	1:00 p.m.	<b>Biologic Spine Injections</b> Moshe Ben-Roohi, MD Director of Regenerative Orthopedics Lifespan Medicin
9:25 a.m.	<b>New Techniques in Spine Surgery</b> David Chang, MD Director of Surgical Resources and Technology Marina del Rey Hospital	1:40 p.m.	Q & A
10:00 a.m.	Q & A	2:00 p.m.	<b>Cost of Spine Care</b> Robert Watkins IV, MD Co-Director, Marina Spine Center Consultant: Dodgers, Rams, Clippers, Kings
10:15 a.m.	<b>Break / Exhibits</b>	2:45 p.m.	Q & A
10:45 a.m.	<b>Alternative Therapies in Spine Treatment</b> Sue Falsone, PT, ATC Owner, Structure & Function Associate Professor, A.T. Still University	3:00 p.m.	<b>Pain and Body Mechanics</b> Sue Falsone, PT, ATC Owner, Structure & Function Associate Professor, A.T. Still University
11:00 a.m.	Q & A	3:30 p.m.	Q & A
		3:45 p.m.	<b>Closing Remarks</b> Robert Watkins IV, MD
		4:00 p.m.	<b>End</b>

Marina Spine Center presents

CERTIFIED ATHLETIC TRAINER AND PHYSICAL THERAPIST CONFERENCE

## The Spine Injured Athlete: FROM INJURY TO RETURN TO PLAY

Saturday, June 24, 2017  
8:00 a.m. – 4:00 p.m.

DOUBLETREE by Hilton  
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310.649.1776

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CE certificates will be sent via email by August 31, 2017.

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Register online at:  
<https://www.marinahospital.com/events/at-pt-conference>

You will receive an email confirming your registration once your payment has been processed.

**EARLY BIRD REGISTRATION: \$75**

Deadline: May 31, 2017

**GENERAL REGISTRATION: \$125**

June 1 – June 23, 2017

Registration prior to the conference is required as space is limited.

The registration fee includes CE credits, self-parking, breakfast and lunch.

Registration is non-refundable.

For conference or registration questions,  
please contact Agnes Huff at [ahuff@ahuffgroup.com](mailto:ahuff@ahuffgroup.com) or  
**310.641.2525**.