

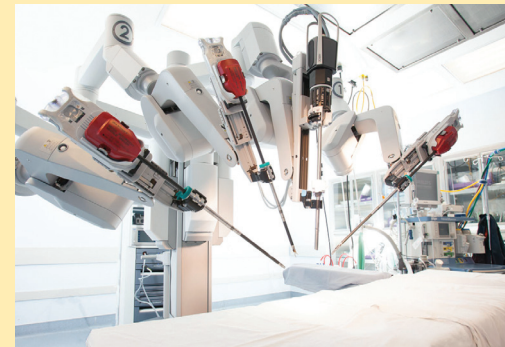


Minimally Invasive Robotic Surgery

Advanced Surgery for Women's Health.

Specialized expertise in gynecologic surgery

As a leading surgical hospital focused on women's health, Marina Del Rey Hospital wants women to know it isn't necessary to live with pain and discomfort any longer. Most conditions you may be suffering through are easily treatable using minimally invasive surgery. Our team of nationally recognized physicians and staff specializes in gynecologic care designed to quickly get you back to the life you love. We provide the latest in less invasive treatments, including robotic surgery – the next advance in treating conditions ranging from urinary incontinence to chronic pelvic pain and abnormal bleeding.



Robot-assisted surgery

Our highly qualified physicians use the da Vinci® Si Surgery System, a state-of-the-art robotic technology that allows our skilled surgeons to perform delicate procedures through a few tiny incisions. Minimally invasive techniques like robotic-assisted gynecologic surgery provide significant benefits compared with traditional open surgery.

BENEFITS

- Minimal scarring
- Less pain
- Fewer complications
- Quicker recovery
- Reduced blood loss
- Excellent clinical outcomes

Helping you heal faster

Traditional "open" gynecologic surgery uses a large incision for access to the uterus. Unfortunately, open surgery is associated with pain, trauma and a long recovery process. As a result, women facing surgery feel significant anxiety. Fortunately, in the hands of our experienced surgeons, minimally invasive laparoscopic and robot-assisted procedures are changing the way women experience surgery. Typically, you'll be in and out within a day or so with minimal scarring and discomfort.

Is this kind of surgery right for you?

Talk to your doctor about your options. Conditions treated with minimally invasive laparoscopic or robotic surgery at Marina Del Rey Hospital include:

- Uterine fibroids
- Endometriosis and adenomyosis
- Cancers, including cervical, uterine, ovarian
- Uterine and vaginal prolapse
- Excessive menstrual bleeding or menorrhagia

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Tips for Gynecologic Health

Will your insurance cover it?

Surgery for gynecological conditions is usually covered by insurance plans and Medicare. The good news – robotic-assisted surgery doesn't cost patients any more money than traditional open surgery. In general, an insurance plan that covers gynecological surgery will cover da Vinci surgery, too. Your coverage depends on your plan and benefits package, so check with your insurance company for details.

Clinical advantages

The da Vinci® Si Surgery System has been used successfully in tens of thousands of procedures since its introduction more than 10 years ago. Its safety and efficacy have been documented in hundreds of clinical publications. Supporting literature covers all the surgical specialties where the system is used.

Pay attention to your body. Know what's normal for you. See your doctor for any unusual bleeding, bloating, pelvic pain, weight loss, fatigue or changes in bowel or bladder habits

Get your annual checkup. A Pap test can detect abnormal cells early, to reduce your risk of cervical cancer.

Practice safe sex. Studies show more than 80% of 50 to 90-year olds are sexually active. Diseases like syphilis, chlamydia and gonorrhea are on the rise.*

If you're age 11-26, consider the human papillomavirus (HPV) vaccine. It protects against common causes of cervical, vaginal and vulvar cancer.

Exercise and eat right for a healthy body weight. Weight has a big effect on your menstrual cycle. Being too thin or too heavy can cause health problems, such as losing your period, or having excessive or irregular menstrual flow.

Don't smoke. Tobacco use is linked to gynecologic cancer, so not smoking is a good strategy for reducing your risk.

CONDITIONS & THEIR IMPACT

Condition	Prevalence*
Adenomyosis	Affects 20-65% of women and is associated with a past history of childbirth. Women between 40-50 years of age are most commonly affected.
Cervical Cancer	More than 12,000 cases of invasive cervical cancer were expected to be diagnosed in 2012. The primary cause is infection with human papillomavirus (HPV), which can be detected with routine Pap screening.
Endometriosis	More than 5 million women are affected by endometriosis.
Uterine Cancer	In 2008, more than 43,000 women in the United States were diagnosed with uterine cancer, which primarily affects women going through or who have already gone through menopause.
Uterine Fibrosis	20-80% of women develop fibroids by the time they reach age 50.
Ovarian Cancer	Each year, about 20,000 women in the United States get ovarian cancer. Treatment is most effective when it is found in its early stages.

*References on file

Contact Us

For more information about Marina Del Rey Hospital's expert team of gynecologic surgeons, or to get a referral to a physician trained in minimally invasive laparoscopic or robotic-assisted surgery procedures, please contact us.

1.888.600.5600 or www.marinahospital.com